**Community Frailty Pathway – Older People’s Assessment and Liaison Pathway (OPAL)**

**Aims:**

* Maintain care in own home wherever possible
* Enable alternative Community Assessment and Treatment Units (CATU) closer to home for each Integrated Care Area (WCH; CRCH; SACH; Bodmin)
* Deliver Frailty pathway for the spectrum of disorders of frail patients including COVID currently
* Provide dignified, compassionate care in all settings with HCP (111\* [6.30pm – 8am]) numbers and specialist in-reach support via dedicated numbers (Geriatrician (8am-10pm)/ Palliative care 24/7 and CC & D 24/7).

**Inclusion criteria:**

* Frailty syndrome - Falls, Functional Decline, Poor Mobility, Care Home Resident, Parkinson’s Disease, Stable Dementia without behaviour disorder, Mild Delirium not requiring enhanced care.
* Frailty score ≥5 is a guide – older people with frailty syndrome and lower frailty score (2, 3 or 4) may still be considered appropriate for CATU.
* Ceiling of Care would be Community Hospital - completed community TEP desirable but not mandatory for admission
* Imminent End of Life situations that cannot be cared for at home and are not for escalation.
* (CATU care is also appropriate for locality older patients with frailty syndromes or low-risk medical problems (NEWS2 <4) who would be for escalation.)

**Exclusion criteria:**

* If patient declines RCHT/ED/CATU admission - complete [Single Electronic Referral Form (SERF)](https://forms.office.com/Pages/ResponsePage.aspx?id=slTDN7CF9UeyIge0jXdO40N-1edY3sBNqAtFdXxZ7HRUMEkzVlJLWVlYTjdJRUlIWVZKSTdJWDUxWS4u) to CCC
* Follow usual pathways for – If treatment escalation is appropriate; Acute stroke; #NOF; Chest trauma injury; ACS for intervention; Significant HI in frail patient (WCH can accept); NEWS2 >4 (WCH can accept); Mental Health

**Frail (OPAL) Patient Pathway**

**Before conveyance discuss patient with:**

**Patient can be managed at home:** **Patient cannot be managed at home**

If CATU admission required contact Acute GP 01872 226263 (8am–8pm) (9am-6pm S-S) HCP line (8pm-8am)

Handover, then transfer to CATU (8am-10pm) for diagnosis and MDT assessment

OOH admit RCHT ED or WCH Med 1 (please call ahead for WCH) then transfer 0800 to CATU or refer to CCC

In hours - Own GP or Acute GP

If CATU admission required contact Acute GP 01872 226263 (8am–8pm M-F) (9am-6pm S-S)

HCP to contact Frailty Line if specialist clinical advice required 01872 252161 (8am-10pm)

Out of hours - HCP 111\*

Complete SERF. Access through www.acutegpcornwall.com

CCC response maintains patient care at home

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